

Uganda Athletics Federation (UGA)
Akii-Bua Memorial Championships - June 4th, 2023
Mandela National Stadium: Warm-up track

Women

100m Heat 1

Pos	Lane	Bib	Full Name	Affiliation	Time
1	5	266	Abuk Brenda	Uganda Prisons Athletics Club	13.7
2	4	546	Namuli Aidah	Gombe s.s Athletics Club	14.0
3	3	541	Agoa Nancy	Gombe s.s Athletics Club	14.2
4	6	1054	Fetaru Peace	Bombo Army Sec. Sch. Athletics Club	15.6
	1	714	Gutu Leah Hope	Tororo District Ath. Association	DNS
	2	1050	Ijorea Margaret	Mubs Athletics Club	DNS

100m Heat 2

Pos	Lane	Bib	Full Name	Affiliation	Time
1	6	620	Atiang Charity Mercy	UCU Athletics Club	12.9
2	2	1033	Olive Onyiru	Arua Municipal Ath. Association	13.7
3	1	621	Atim Lidya	Standard High Zana Ath. Club	13.9
4	3	545	Mbabazi Nakato Jemima	Gombe s.s Athletics Club	14.6
5	4	1035	Aciro Prisca	Uganda Para Athletics	15.7
	5	1063	Zaina Ikran	Bombo Army Sec. Sch. Athletics Club	DNS

100m Heat 3

Pos	Lane	Bib	Full Name	Affiliation	Time
1	4	1087	Amarorwot Sharon	Gulu Univerist Athletics Club	13.0
2	1	426	Apolo Eunice	Uganda Prisons Athletics Club	13.2
3	5	943	Apuya Christabella	Makindye Municipal Ath. Association	15.3
4	2	1037	Namagembe Christine	Bombo Army Sec. Sch. Athletics Club	15.5
	3	1067	Nalubega Joanitah	UPDF Athletics Club	DNS
	6	1057	Atim Juliet Omara	Bombo Army Sec. Sch. Athletics Club	DNS



100m Heat 4

Pos	Lane	Bib	Full Name	Affiliation	Time
1	6	617	Akullu Monica	Standard High ZanaAth.Club	12.5
2	2	543	Avako Joyce	Standard High Zana Ath.Club	13.0
3	1	368	Anguparu Pamela	Uganda Wildlife AuthorityAth. Club	13.2
4	4	539	Acan Agnes	Gombe s.s Athletics Club	13.7
5	3	619	Amony Sharon	Standard High ZanaAth.Club	14.1
	5	974	Ayiyorwoth Annita	UPDF Athletics Club	DNS

100m Heat 5

Pos	Lane	Bib	Full Name	Affiliation	Time
1	4	248	Nyamahunge Jacent	Uganda Police AthleticsClub	11.5
2	5	965	Morris Lucia William	KENYA	11.9
3	2	332	Koli Evaline Ocen	Uganda Prisons AthleticsClub	12.2
4	3	275	Apio Agness	Uganda Prisons AthleticsClub	12.4
5	6	784	Acen Rose Mary	UPDF Athletics Club	12.6
	1	168	Unyuthfua Mary Zawadi	Uganda Police AthleticsClub	DNS

200m Heat 1**Wind: -2.2 m/s**

Pos	Lane	Bib	Full Name	Affiliation	Time
1	4	621	Idwara Penina	UPDF Athletics Club	26.69
2	2	542	Aatim Lydia	Standard High Zana Ath. Club	29.07
3	3	943	Fetaru Peace	Bombo Army Sec. Sch. Athletics Club	31.76
4	1	603	Apuya Christabella	Makindye Municipal Ath. Association	32.68
	5	1054	Akong Justine Joy	Old Kampala S.S Athletics Club	DNS
	6	479	Amuge Mercy	Gombe S.S Athletics Club	DNS

200m Heat 2**Wind: -1.5 m/s**

Pos	Lane	Bib	Full Name	Affiliation	Time
1	3	539	Acan Agnes	Gombe s.s Athletics Club	27.60
2	2	822	Driwaru Jackline	South Sudan	28.46
3	4	1033	Olive Onyiru	Arua Municipal Ath. Association	30.93
4	1	540	Acheng Hafsah Akulla	Gombe s.s Athletics Club	34.93
	5	1064	Zinab Juma	Bombo Army Sec. Sch. Athletics Club	DNS
	6	546	Namuli Aidah	Gombe s.s Athletics Club	DNS



200m Heat 3

Wind: -2.3 m/s

Pos	Lane	Bib	Full Name	Affiliation	Time
1	1	617	Akullu Monica	Standard High Zana	26.02
2	2	578	Anamu Vicky	Standard High Zana Ath.Club	26.87
3	4	1087	Amarorwot Sharon	Gulu Univerist Athletics Club	27.31
4	3	620	Atiang Charity Mercy	UCU Athletics Club	28.22
	5	974	Ayiyorwoth Annita	UPDF Athletics Club	DNS
	6	609	Kaahwa Anna Mary	Old Kampala S.S Athletics Club	DNS
	7	600	Aballo Sandra	Old Kampala S.S Athletics Club	DNS

200m Heat 4

Wind: -2.1 m/s

Pos	Lane	Bib	Full Name	Affiliation	Time
1	4	674	Nyawere Christine	UPDF Athletics Club	26.40
2	3	653	Wonruku Stella Akullu	Uganda Prisons Athletics Club	26.61
3	2	543	Avako Joyce	Standard High Zana Ath.Club	27.35
4	1	368	Anguparu Pamela	Uganda Wildlife AuthorityAth. Club	27.80
	5	1050	Ijorea Margaret	Mubs Athletics Club	DNS
	6	714	Gutu Leah Hope	Tororo DistrictAth.Association	DNS

200m Heat 5

Wind: -3.1 m/s

Pos	Lane	Bib	Full Name	Affiliation	Time
1	4	248	Nyamahunge Jacent	Uganda Police AthleticsClub	24.34
2	3	148	Banura Mauren Akiiki	Uganda Police Athletics Club	25.00
3	2	965	Morris Lucia William	KENYA	25.11
4	5	332	Koli Evaline Ocen	Uganda Prisons AthleticsClub	25.36
5	1	275	Apio Agness	Uganda Prisons AthleticsClub	25.95
6	6	784	Acen Rose Mary	UPDF Athletics Club	26.82

400m Heat 1

Pos	Lane	Bib	Full Name	Affiliation	Time
1	3	479	Idwara Penina	UPDF Athletics Club	59.73
2	6	737	Baboona Asha	Standard High ZanaAth.Club	1:01.23
3	1	542	Amuge Mercy	Gombe s.s Athletics Club	1:02.59
4	5	545	Mbabazi Nakato Jemima	Gombe s.s Athletics Club	1:03.61
5	2	900	Akello Vicky	Uganda Wildlife AuthorityAth. Club	1:10.43
6	4	540	Acheng Hafsah Akulla	Gombe s.s Athletics Club	1:16.16



400m Heat 2

Pos	Lane	Bib	Full Name	Affiliation	Time
1	4	578	Anamu Vicky	Standard High Zana Ath.Club	58.60
2	5	406	Abeja Dorothy	Gulu university AthleticsClub	1:02.18
3	6	640	Biryeri Evelyn	Uganda Prisons AthleticsClub	1:03.14
4	3	541	Agoa Nancy	Gombe s.s Athletics Club	1:03.77
5	1	887	Waaku Prisca	UCU Athletics Club	1:09.27
6	2	1035	Aciro Prisca	Uganda Para Athletics	1:11.32

400m Heat 3

Pos	Lane	Bib	Full Name	Affiliation	Time
1	4	164	Shida Leni	Uganda Police AthleticsClub	53.27
2	3	148	Banura Mauren Akiiki	Uganda Police Athletics Club	55.80
3	2	152	Nanziri Emily	Uganda Police AthleticsClub	57.04
4	1	653	Wonruku Stella	Uganda Prisons	59.39
5	5	622	Atim Mercy	Standard High	1:06.40

800m Final

Pos	Lane	Bib	Full Name	Affiliation	Time
1	1	802	Chebet Maureen	JOCDEF ATHLETICS CLUB	2:07.73
2	6	719	Nabulo Sarah	Tororo DistrictAth.Association	2:10.96
3	4	628	Chebet Zumura	Tororo DistrictAth.Association	2:15.03
4	5	598	Orishaba Marvarous	Ndejje UniversityAthletics Club	2:15.65
5	2	435	Ajuko Babra	UPDF Athletics Club	2:17.40
6	6	629	Chemutai Teddy	Tororo DistrictAth.Association	2:19.48
7	3	815	Cheptengan Faith	Uganda Police AthleticsClub	2:19.70
8	6	818	Akullu Ruth	Standard High ZanaAth.Club	2:23.52
9	3	616	Akullu Juliet	Standard High ZanaAth.Club	2:23.68
10	2	910	Chesang Ndiwa	Uganda Wildlife AuthorityAth. Club	2:38.45
11	2	1040	Atwazagye Petience	Ntungamo Athletics Club	2:48.40



1500m Final

Pos	Lane	Bib	Full Name	Affiliation	Time
1		330	Aciru Knight	Uganda Prisons Athletics Club	4:23.87
2		904	Chebet Faith	Uganda Wildlife Authority Ath. Club	4:27.01
3		52	Chekemoi Brenda	JOCDEF ATHLETICS CLUB	4:28.48
4		211	Cherop Risper	Uganda Police Athletics Club	4:30.07
5		70	Cherop Patience	JOCDEF ATHLETICS CLUB	4:31.75
6		803	Chebet Nema	Uganda Police Athletics Club	4:48.99
7		49	Chebet Gloria	Uganda Police Athletics Club	4:50.65
8		45	Nasasira Evas	Evzin Athletics Club	5:02.64
9		432	Oroma Peace	Uganda Para Athletics	5:04.80
10		215	Cherotich Recho	Uganda Police Athletics Club	5:06.20
11		735	Apong Semmy	Standard High Zana Ath. Club	5:10.60
		142	Chemusto Janat	Uganda Police Athletics Club	DNS
		481	Kapchebasa Doricus	UPDF Athletics Club	DNS
		615	Akello Priscilla	Standard High Zana Ath. Club	DNS
		742	Kamatene Petience	Ntungamo Athletics Club	DNS
		748	Kiconco Phionah	Ntungamo Athletics Club	DNS
		818	Akullu Ruth	Standard High Zana Ath. Club	DNS
		910	Chesang Ndiwa	Uganda Wildlife Authority Ath. Club	DNS
		1036	Ainembabazi Pamela	Ntungamo Athletics Club	DNS



5000m Final

Pos	Lane	Bib	Full Name	Affiliation	Time
1		180	Chebet Scarlet Patrick	Uganda Police AthleticsClub	16:09.91
2		67	Cherop Charity	JOCDEF ATHLETICS CLUB	16:13.31
3		63	Chemutai Peace Hope	JOCDEF ATHLETICS CLUB	16:23.37
4		1081	Chekwe moi Felister	JOCDEF ATHLETICS CLUB	16:38.42
5		50	Chebet Isella	JOCDEF ATHLETICS CLUB	16:40.75
6		53	Chekwe moi Financia	JOCDEF ATHLETICS CLUB	16:45.32
7		562	Chemutai Martha	Uganda Police AthleticsClub	16:45.65
8		89	Yeko Bentalin	JOCDEF ATHLETICS CLUB	16:57.42
9		904	Chebet Faith	Uganda Wildlife AuthorityAth. Club	17:30.08
10		120	Yeko Grace	Tuku AfriKa Athletics Club	18:15.16
11		592	Chekwe moi Sandrah	Ndejje UniversityAthletics Club	18:48.16
12		739	Gimono Violet	Standard High ZanaAth.Club	19:02.31
13		45	Nasasira Evas	Evzin Athletics Club	19:02.38
		930	Koech Maurine	Kampala Kids AcademyAth. Club	DNF
		1079	Nankya Geraldine	Gombe s.s Athletics Club	DNF
		106	Cherotich Abigail	JOCDEF ATHLETICS CLUB	DNS
		148	Banura Mauren Akiiki	Uganda Police Athletics Club	DNS
		502	Nadunga Winnie	Tuku AfriKa Athletics Club	DNS
		748	Kiconco Phionah	Ntungamo Athletics Club	DNS



4x100m Relays

Pos	Lane	Bib	Full Name	Affiliation	Time
		148	Banura Moureen		
1	1	152	Nanziri Emily	Uganda Police	47.91
		168	Unyuthfua Mary Zawadi		
		248	Nyamahunge Jacent		
		653	Wonruku Stella		
2	5	275	Apio Agnes	Uganda Prisons	49.81
		426	Apollo Eunice		
		332	Koli Evaline Ocen		
		887	Waaku Prisca		
3	4	363	Atimango Winfred	UCU	55.29
		620	Atyang Charity Mercy		
		795	Atim Oliver		
		543	Avako Joyce		
4	2	578	Anamo Vicky	Standard High	55.56
		737	Babwona Asha		
		617	Akullu Monica		
		1037	Namagembe Christine		
5	3	1054	Fetaru Peace	Bombo Army	1:03.71
		1063	Zaina Ikran		
		1069	Akut Eveline		
		435	Ajuko Barbara		
	6	479	Idwara Peninah	UPDF	DQ
		784	Acen Rose Mary		
		674	Nyawere Christine		



Discus

Pos	Order	Bib	Full Name	Affiliation	Distance
1	2	145	Lalam Josephine Joyce	Uganda Police AthleticsClub	40.95
2	5	358	Aciro Rose Mary	Uganda Prisons AthleticsClub	36.73
3	4	282	Aber Caroline Odwong	Uganda Prisons AthleticsClub	34.89
4	6	519	Oyella Cavine Alice	UPDF Athletics Club	32.62
5	11	334	Lakot Nancy	Uganda Prisons AthleticsClub	32.12
6	1	126	Acan Janneth	Uganda Police AthleticsClub	31.97
7	10	795	Atim Oliver	UCU Athletics Club	31.32
8	3	281	Amaido Caroline	Uganda Prisons AthleticsClub	28.39
9	9	789	Akello Fiona	UPDF Athletics Club	27.11
10	14	1078	Anena Kevin Prisca	Gombe s.s Athletics Club	24.25
		622	Atim Mercy	Standard High ZanaAth.Club	DNS
		729	Acayo Esther Teddy	Standard High ZanaAth.Club	DNS
		1069	Akurut Evaline	Bombo Army Sec. Sch. Athletics Club	DNS
		1070	Jimiya Ibrahim	Bombo Army Sec. Sch. Athletics Club	DNS

Long Jump

Pos	Order	Bib	Full Name	Affiliation	Distance
1		168	Unyuthfua Mary Zawadi	Uganda Police AthleticsClub	5.75
2		363	Atimango Winnifred	UCU Athletics Club	5.55
3		1087	Amarorwot Sharon	Gulu Univerist Athletics Club	5.33
4		406	Abeja Dorothy	Gulu university AthleticsClub	5.03
5		127	Acan Linda Evaline	Uganda Police AthleticsClub	4.97
6		266	Abuk Brenda	Uganda Prisons AthleticsClub	4.95
7		538	Aber Mercy	Gombe s.s Athletics Club	4.67
		1063	Zaina Ikran	Bombo Army Sec. Sch. Athletics Club	NM
		619	Amony Sharon	Standard High ZanaAth.Club	DNS
		1057	Atim Juliet Omara	Bombo Army Sec. Sch. Athletics Club	DNS



Shot Put

Pos	Order	Bib	Full Name	Affiliation	Distance
1		126	Acan Janneth	Uganda Police AthleticsClub	11.48
2		282	Aber Caroline Odwong	Uganda Prisons AthleticsClub	11.06
3		519	Oyella Cavine Alice	UPDF Athletics Club	10.41
4		281	Amaido Caroline	Uganda Prisons AthleticsClub	10.34
5		334	Lakot Nancy	Uganda Prisons AthleticsClub	10.05
6		789	Akello Fiona	UPDF Athletics Club	10.01
7		358	Aciro Rose Mary	Uganda Prisons AthleticsClub	9.37
8		795	Atim Oliver	UCU Athletics Club	9.37
9		1078	Anena Kevin Prisca	Gombe s.s Athletics Club	8.45
10		127	Acan Linda Evaline	Uganda Police AthleticsClub	8.40
		622	Atim Mercy	Standard High ZanaAth.Club	NM
		729	Acayo Esther Teddy	Standard High ZanaAth.Club	NM
		964	Maneno Ester	Uganda Police AthleticsClub	NM
		1069	Akurut Evaline	Bombo Army Sec. Sch. Athletics Club	NM
		1070	Jimiya Ibrahim	Bombo Army Sec. Sch. Athletics Club	NM



Men

100m Heat 1

Pos	Lane	Bib	Full Name	Affiliation	Time
1	1	373	Masisa Fred	Uganda Para Athletics	11.7
2	3	1044	Rubangakene Ismail	Bombo Army Sec. Sch. Athletics Club	13.3
3	5	945	Warela Ferguson	Makindye Municipal Ath. Association	13.5
4	6	1047	Ayera Joel	Bombo Army Sec. Sch. Athletics Club	14.0
5	7	382	Ocen Wilfred	Uganda Para Athletics	15.0
	4	1060	Mugisha Frank	Makindye Municipal Ath. Association	DNS

100m Heat 2

Pos	Lane	Bib	Full Name	Affiliation	Time
1	1	504	Obong Brian Bracford	UPDF Athletics Club	10.9
2	3	860	Mukasa Vincent	Gombe s.s Athletics Club	11.2
3	4	960	Okolimo Joseph	UCU Athletics Club	11.4
4	2	755	Mbowa Reagan Kyeswa	Iganga Town View SS	11.6
5	5	995	Owiny Dollo James	UCU Athletics Club	12.4
6	6	1059	Oyoo Mukasa	Bombo Army Sec. Sch. Athletics Club	13.2
	7	894	Ssajjabbi Christopher	Makindye Municipal Ath. Association	DNS

100m Heat 3

Pos	Lane	Bib	Full Name	Affiliation	Time
1		959	Okabo Santos	UCU Athletics Club	10.9
2		1056	Akol James	Bombo Army Sec. Sch. Athletics Club	12.5
3		894	Ssejjabi Christopher	Makindye Municipal Ath. Association	12.8
4		673	Nsiiro Edward Ikonde	Wakiso District Athletics Association	13.0
		413	Kibet Oscar	Gombe s.s Athletics Club	DNS
		849	Magero Buhayo	UPDF Athletics Club	DNS
		989	Okeya Rodrick	Makindye Municipal Ath. Association	DNS

100m Heat 4

Pos	Lane	Bib	Full Name	Affiliation	Time
1	2	663	Omodo Denish Isaac	UCU Athletics Club	11.0
2	4	977	Nahurira Ronald	Mbarara Municipal Ath. Association	11.4
3	5	988	Oketayot Donald Marley Tebere	KCCA Athletics Club	12.9
4	1	377	Wokorach Geoffrey Oloya	Uganda Para Athletics	13.3
5	6	1055	Onekanono Ashley	Bombo Army Sec. Sch. Athletics Club	14.5
6	7	942	Makindye Ath. Assoc.	Makindye Municipal Ath. Association	15.1



100m Heat 5

Pos	Lane	Bib	Full Name	Affiliation	Time
1	5	505	Ocira John	UPDF Athletics Club	11.1
2	2	846	Laker Isaac	Tuku AfriKa Athletics Club	11.5
3	3	944	Mugaya Wickliffe	Makindye Municipal Ath. Association	13.8
4	6	1035	Tomusange Ashraf	Makindye Municipal Ath. Association	14.3
	1	545	Mazira Flavia	Bombo Army Sec. Sch. Athletics Club	DNS
	4	768	Odong Innocent	Gulu Municipality	DNS

100m Heat 6

Pos	Lane	Bib	Full Name	Affiliation	Time
1	1	724	Owor Diffas	Tororo Dis Ath.Association	11.6
2	3	823	Ekwaro Aaron	Kampala Kids AcademyAth. Club	11.8
3	4	926	Kasirye Nigel Benjamin	TBAC Athletics Club	12.1
4	7	1082	Ssebakaki Abdul	Makindye Municipal Ath. Association	12.4
5	5	974	Mukisa Tebusweke Steven	Wakiso District AthleticsAssociation	12.8
6	6	1046	Aturinde Gerard	Bombo Army Sec. Sch. Athletics Club	13.5

100m Heat 7

Pos	Lane	Bib	Full Name	Affiliation	Time
1	2	514	Onyanga Isaac	UPDF Athletics Club	10.9
2	1	476	Esou Emmanuel	UPDF Athletics Club	11.3
3	5	968	Mugabe Robert	Tela Field Athletics Club	11.6
4	4	908	Chemonges Aron	Tororo DistrictAth.Association	12.0
5	3	785	Adriko James Obama	Uganda Prisons AthleticsClub	12.6
	6	1077	Opio Echeke Sam	UPDF Athletics Club	DNS



100m Heat 8

Pos	Lane	Bib	Full Name	Affiliation	Time
1	5	643	Diego Derrick	Kyambogo University Athletics Club	11.6
2	3	429	Imalingat Charles	UPDF Athletics Club	11.9
3	4	569	Junju Brian	Kamuli District Ath. Association	12.5
4	2	310	Leme Nelson	Old Kampala S.S Athletics Club	13.6
	1	137	Bongomin Fred	Uganda Police Athletics Club	DNS
	6	929	Opiyo Kenneth	UCU Athletics Club	DNS

100m Heat 9

Pos	Lane	Bib	Full Name	Affiliation	Time
1	3	159	Oroma Williamson	Uganda Police Athletics Club	11.1
2	1	115	Ojok Justin	Tuku Afrika Athletics Club	11.3
3	6	577	Ambayo Fred	Nampunge C. H. SCH. ATH. CLUB	11.5
4	2	670	Engadu Blessed Joshua	Standard High ZanaAth.Club	11.7
5	4	305	Ocira Osborn	Gombe s.s Athletics Club	12.2
	5	306	Ogal Amos	UPDF Athletics Club	DNS

100m Heat 10

Wind: -1.2m/s

Pos	Lane	Bib	Full Name	Affiliation	Time
1	3	154	Ngobi Allan	Uganda Police Athletics Club	10.69
2	2	129	Adome Pius	Uganda Police Athletics Club	10.70
3	5	389	Okot Benson	Uganda Wildlife Authority Ath. Club	10.74
4	6	544	Isabirye Musa	Uganda Prisons Athletics Club	10.95
5	1	100	Masaba Peter	Kamuli District Ath. Association	11.05
6	4	250	Obuto Solomon	Uganda Prisons Athletics Club	11.25

200m Heat 1

Wind: -1.3 m/s

Pos	Lane	Bib	Full Name	Affiliation	Time
1	5	985	Ocilaje Pius	Tela Field Athletics Club	24.11
2	4	962	Malaba Ashraf	Makindye Municipal Ath. Association	25.63
3	2	894	Ssajjabbi Christopher	Makindye Municipal Ath. Association	25.66
4	1	648	Tinkamanyire Innocent	Gombe s.s Athletics Club	26.65
5	6	1035	Tomusange Ashraf	Makindye Municipal Ath. Association	31.24
6	3	926	Kasirye Nigel Benjamin	TBAC Athletics Club	31.30



200m Heat 2**Wind: -1.7 m/s**

Pos	Lane	Bib	Full Name	Affiliation	Time
1	2	768	Odong Innocent	Gulu Municipality	23.10
2	4	977	Nahurira Ronald	Mbarara MunicipalAth.Association	23.81
3	3	960	Okolimo Joseph	UCU Athletics Club	24.03
4	1	576	Ajalu Joshual Otim	Nampunge C. H. SCH. ATH. CLUB	24.11
		860	Mukasa Vincent	Gombe s.s Athletics Club	DNS
		1055	Onekanono Ashley	Bombo Army Sec. Sch. Athletics Club	DNS
		1081	Sande Fred	UPDF Athletics Club	DNS

200m Heat 3**Wind: -0.8 m/s**

Pos	Lane	Bib	Full Name	Affiliation	Time
1	4	908	Chemonges Aron	Tororo DistrictAth.Association	24.61
2	5	988	Oketayot Donald Marley Tebere	KCCA Athletics Club	26.72
3	2	974	Mukisa Tebusweke Steven	Wakiso District AthleticsAssociation	27.56
4	3	945	Warela Ferguson	Makindye Municipal Ath. Association	28.63
5	1	944	Mugaya Wickliffe	Makindye Municipal Ath. Association	28.71

200m Heat 4**Wind: -1.5 m/s**

Pos	Lane	Bib	Full Name	Affiliation	Time
1	4	1075	Okwii Erick	Uganda Wildlife AuthorityAth. Club	22.41
2	6	663	Omodo Denish Isaac	UCU Athletics Club	23.24
3	2	476	Esou Emmanuel	UPDF Athletics Club	23.75
4	5	569	Junju Brian	Kamuli District Ath. Association	25.41
5	3	673	Nsiiro Edward Ikonde	Wakiso District AthleticsAssociation	26.98
6	1	310	Leme Nelson	Old Kampala S.S Athletics Club	28.06

200m Heat 5**Wind: -2.8 m/s**

Pos	Lane	Bib	Full Name	Affiliation	Time
1	1	505	Ocira John	UPDF Athletics Club	22.81
2	2	111	Okello Darius	Tuku AfriKa Athletics Club	23.14
3	4	595	Kiguli Trevor Understone	UPDF Athletics Club	23.60
4	5	643	Diego Derrick	Kyambogo University Athletics Club	24.14
5	3	1046	Aturinde Gerald	Bombo Army SS	27.52
		306	Ogal Amos	UPDF Athletics Club	DNS



200m Heat 6

Wind: -1.6 m/s

Pos	Lane	Bib	Full Name	Affiliation	Time
1	4	159	Oroma Williamson	Uganda Police Athletics Club	22.44
2	2	96	Omuka Kenneth	Makerere University Athletics Club	22.89
3	1	115	Ojok Justin	Tuku AfriKa Athletics Club	23.06
4	5	577	Ambayo Fred	Nampunge C. H. SCH. ATH. CLUB	23.94
5	3	429	Imalingat Charles	UPDF Athletics Club	24.28
6	7	1047	Ayera Joel	Bombo Army Sec. Sch. Athletics Club	28.50

200m Heat 7

Wind: -1.7 m/s

Pos	Lane	Bib	Full Name	Affiliation	Time
1	4	971	Mukhobe Wiseman Were	KENYA	21.08
2	3	154	Ngobi Allan	Uganda Police Athletics Club	21.25
3	2	544	Isabirye Musa	Uganda Prisons Athletics Club	22.07
4	5	100	Masaba Peter	Kamuli District Ath. Association	22.45
	6	389	Okot Benson	Uganda Wildlife Authority	DNF
	1	250	Obuto Solomon	Uganda Prisons Athletics Club	DNS

400m Heat 1

Pos	Lane	Bib	Full Name	Affiliation	Time
1	5	768	Odong Innocent	Gulu Municipality	49.2
2	4	438	Ariti James	UPDF Athletics Club	49.9
3	2	576	Ajalu Joshual Otim	Nampunge C. H. SCH. ATH. CLUB	52.9
4	6	377	Wokorach Geoffrey Oloya	Uganda Para Athletics	57.8
5	1	1068	Okumu Regan	Bombo Army Sec. Sch. Athletics Club	1:00.9
6	3	998	Rokojo Wilison	Ntungamo Athletics Club	1:10.1

400m Heat 2

Pos	Lane	Bib	Full Name	Affiliation	Time
1	4	518	Oweka Samuel Sadam	UPDF Athletics Club	49.1
2	5	111	Okello Darius	Tuku AfriKa Athletics Club	50.7
3	2	764	Ndibailawa Jamiru	Lukungu Academy Ath. Club	54.5
4	1	648	Tinkamanyire Innocent	Gombe s.s Athletics Club	59.2
5	3	1067	Obeta Hillary	Bombo Army Sec. Sch. Athletics Club	1:02.6
	6	924	Kiprotich Allan	Gombe s.s Athletics Club	DNS



400m Heat 3

Pos	Lane	Bib	Full Name	Affiliation	Time
1	4	595	Kiguli Trevor Understone	UPDF Athletics Club	51.8
2	1	119	Otema Simon	Tuku AfriKa Athletics Club	52.1
3	6	1082	Ssebakaki Abdul	Makindye Municipal Ath. Association	54.8
4	2	95	Omollo Innocent Lazzo	Makerere University Athletics Club	55.0
	3	820	Chuol John Kuer	Ndejje University Athletics Club	DNS
	5	137	Bongomin Fred	Makindye Municipal Ath. Association	DNS

400m Heat 4

Pos	Lane	Bib	Full Name	Affiliation	Time
1	6	1084	Thel Deng Thiel	South Sudan	47.0
2	1	1075	Okwii Erick	Uganda Wildlife Authority Ath. Club	47.8
3	3	675	Nyeko Johnson	Layibi college Athletics Club	48.1
4	2	96	Omuka Kenneth	Makerere University Athletics Club	48.5
5	5	1006	Riiny Riiny Agoth Ngot	South Sudan	49.1
6	4	503	Nokrach Stephen	UPDF	50.6

400m Hurdles

Pos	Lane	Bib	Full Name	Affiliation	Distance
1	1	971	Mukhobe Wiseman Were	KENYA	49.72
2	4	1076	Ongee Felix Ouma	Uganda Prisons Athletics Club	57.32
3	3	503	Nokrach Stephen	UPDF Athletics Club	57.95
4	5	350	Opolot Andrew Moses	Uganda Prisons Athletics Club	58.59
	2	390	Onen Kennedy	Unity Athletics Club	DNS

800m Heat 1

Pos	Lane	Bib	Full Name	Affiliation	Time
1	3	348	Oketcho John	Uganda Prisons Athletics Club	1:55.55
2	5	752	Labeja Patrick	Standard High Zana Ath. Club	1:56.31
3	3	1071	Okello Frank	UCU Athletics Club	1:57.72
4	6	1074	Agong Mike Ebong	Tuku AfriKa Athletics Club	1:59.11
5	4	677	Okullo Jacob	Standard High Zana Ath. Club	2:00.80
6	4	764	Ndibailawa Jamiru	Lukungu Academy Ath. Club	2:01.88
7	5	119	Otema Simon	Tuku AfriKa Athletics Club	2:02.06
8	3	732	Amanya Lymon	Ntungamo Athletics Club	2:05.87
9	3	1067	Obeta Hillary	Bombo Army Sec. Sch. Athletics Club	2:22.81
10	2	1048	Obeta Hillary	Bombo Army Sec. Sch. Athletics Club	2:32.96



800m Heat 2

Pos	Lane	Bib	Full Name	Affiliation	Time
1	4	588	Akemkwene Peter	Ndejje University Athletics Club	1:50.00
2	2	160	Osuje Emmanuel	Uganda Police Athletics Club	1:50.08
3	1	836	Apenyo Bekele	Ndejje University Athletics Club	1:50.12
4	6	955	Kipkemboi Dennis Rono	KENYA	1:51.08
5	3	967	Erimu Kokas	Uganda Prisons Athletics Club	1:52.07
6	6	1086	Cheptoyek Nicholus	JOCDEF ATHLETICS CLUB	1:52.47
7	5	283	Chan Wengo Godfrey	Uganda Prisons Athletics Club	2:05.83
8	2	98	Tolit Cliff Godfrey	Makerere University Ath Club	2:06.60
9	3	869	Ndiwoloye Nifu	Kyambogo University Athletics Club	2:06.93
	4	383	Opiny Leonard	Uganda Wildlife Authority Ath. Club	DNF

1500m Heat 1

Pos	Lane	Bib	Full Name	Affiliation	Time
1		40	Ategeka Brian Adams	Evzin Athletics Club	3:58.20
2		909	Cherotwo Ivan	Uganda Wildlife Authority Ath. Club	4:02.72
3		1063	Matai Levi	Uganda Police Athletics Club	4:08.68
4		1053	Kipsuro Jacob	Uganda Police Athletics Club	4:10.28
5		376	Kaddu Venswa	Uganda Para Athletics	4:10.94
6		743	Kamukama Denis	Ntungamo Athletics Club	4:13.04
7		990	Chelimo Arap Aron	Uganda Wildlife Authority Ath. Club	4:19.81
8		939	Birungi Derrick	Makerere University Athletics Club	4:31.35
9		1052	Kipsang Joseph	Uganda Police Athletics Club	4:36.49
10		374	Tumusiime Gad Rauben	Uganda Para Athletics	4:44.68
11		1075	Crach Micheal	Evzin Athletics Club	4:56.46
12		925	Kadri Byabagambi	Mbarara Municipal Ath. Association	5:18.47
		958	Makanga Joseph	Makerere University Athletics Club	DNF
		535	Rupiny Solomon	Evzin Athletics Club	DNS
		766	Niwamanya Derrick	Makerere University Athletics Club	DNS
		778	Tumukunde Denis	Ntungamo Athletics Club	DNS
		924	Etiang Robert	Uganda Para Athletics	DNS
		954	Kizza Alex	Ntungamo Athletics Club	DNS
		1060	Mugisha Frank	Makindye Municipal Ath. Association	DNS



1500m Heat 2

Pos	Lane	Bib	Full Name	Affiliation	Time
1		240	Kwerit Leonard	Uganda Police AthleticsClub	3:58.23
2		387	Siwa Moses Kinga	Uganda Wildlife AuthorityAth. Club	4:00.42
3		827	Kaberwa Ivan	Uganda Police AthleticsClub	4:02.99
4		204	Cheptoris Dan	Uganda Police AthleticsClub	4:06.32
5		907	Chemayek Solomon	Uganda Police AthleticsClub	4:11.54
6		1045	Chemos Jokdan	Uganda Police AthleticsClub	4:14.45
7		234	Kwemoi Abraham	Uganda Police AthleticsClub	4:18.28
8		881	Otucu Emmanuel	Uganda Prisons AthleticsClub	4:19.23
9		236	Kwemoi Enos	Uganda Police AthleticsClub	4:19.33
10		195	Chemusto Meshak	Uganda Police AthleticsClub	4:32.42
		383	Opiny Leonard	Uganda Wildlife AuthorityAth. Club	DNF
		473	Cherukut Milton	UPDF Athletics Club	DNS
		905	Chelangat Madi	Uganda Police AthleticsClub	DNS
		975	Musoke Derrick Muwonge	Uganda Wildlife AuthorityAth. Club	DNS

1500m Heat 3

Pos	Lane	Bib	Full Name	Affiliation	Time
1		672	Krop Dominic	Uganda Prisons AthleticsClub	3:48.02
2		371	Boch Silus	Uganda Wildlife AuthorityAth. Club	3:48.62
3		430	Otim Emmanuel	Makerere UniversityAthletics Club	3:49.70
4		74	Cherotwo Calvin	JOCDEF ATHLETICS CLUB	3:53.42
5		72	Cherotich Abraham	JOCDEF ATHLETICS CLUB	3:56.41
6		86	Musani William	JOCDEF ATHLETICS CLUB	4:01.77
7		1085	Masai Edison	JOCDEF ATHLETICS CLUB	4:02.90
8		548	Obedi Jacob	Gombe s.s Athletics Club	4:06.13
9		224	Kiprop Samuel	Uganda Police AthleticsClub	4:12.73
10		228	Komom Chrispus	Uganda Police AthleticsClub	4:16.33
11		214	Cherotich Jacob	Uganda Police AthleticsClub	4:16.85
12		209	Cherop Enock	Uganda Police AthleticsClub	4:17.40
13		1089	Arinaitwe Mudhahiru	Makerere UniversityAthletics Club	4:51.14
		955	Kipkemboi Dennis Rono	KENYA	DQ
		403	Wabutwa Farid	Uganda Wildlife AuthorityAth. Club	DNF
		385	Salim Mayanja Abu	Uganda Wildlife AuthorityAth. Club	DNS
		394	Musagala Ronald	Uganda Wildlife AuthorityAth. Club	DNS



5000m Final

Pos	Lane	Bib	Full Name	Affiliation	Time
1		79	Kibet Emmanuel	JOCDEF ATHLETICS CLUB	13:40.17
2		56	Chelogoi Feb	JOCDEF ATHLETICS CLUB	13:40.30
3		258	Rotich Silas	Uganda Police AthleticsClub	13:56.36
4		78	Kibet Allan	JOCDEF ATHLETICS CLUB	13:59.38
5		88	Sande Jacob	JOCDEF ATHLETICS CLUB	14:01.47
6		1009	Rubayita Siragi	Rwanda	14:03.44
7		73	Cherotich Victor	JOCDEF ATHLETICS CLUB	14:05.32
8		61	Chemutai Job	JOCDEF ATHLETICS CLUB	14:05.91
9		55	Chelimo Dolphine	JOCDEF ATHLETICS CLUB	14:06.54
10		76	Chesuro Jabeth	JOCDEF ATHLETICS CLUB	14:11.07
11		399	Siwa Eliot	Uganda Wildlife AuthorityAth. Club	14:17.19
12		359	Rotich Gideon	Uganda Prisons AthleticsClub	14:19.54
13		196	Chemutai Elisha	Uganda Police AthleticsClub	14:25.03
14		75	Chesang Mikhail	JOCDEF ATHLETICS CLUB	14:26.51
15		40	Ategeka Brian Adams	Evzin Athletics Club	14:26.60
16		110	Kwemoi Vitalis	Tuku AfriKa Athletics Club	14:29.29
17		292	Chelimo Isaac	Ndejje UniversityAthletics Club	14:29.80
18		1043	Chebet Laban	Uganda Police AthleticsClub	14:30.12
19		83	Kituri Levi	JOCDEF ATHLETICS CLUB	14:31.37
20		326	Kiprop Hosea	Uganda Prisons AthleticsClub	14:31.92
21		396	Sande Samuel	Uganda Wildlife AuthorityAth. Club	14:37.34
22		906	Chelwanget David	Uganda Wildlife AuthorityAth. Club	14:48.51
23		836	Apenyo Bekele	Ndejje UniversityAthletics Club	14:55.89
24		205	Cheptoyek Boaz	Uganda Police AthleticsClub	14:56.16
25		206	Cheptoyek Enock	Uganda Police AthleticsClub	14:59.79
26		416	Kiptoyek Alfred	Uganda Wildlife AuthorityAth. Club	15:21.55
27		941	Lubega Abdukarim	Makerere UniversityAthletics Club	15:31.89



		387	Siwa Moses Kinga	Uganda Wildlife AuthorityAth. Club	DNF
		571	Mwanga Allan	Kapchorwa DistrictAth.Association	DNF
		1075	Crach Micheal	Evzin Athletics Club	DNF
		194	Chemusto Martin	Uganda Police AthleticsClub	DNS
		221	Kiplangat Joel	Uganda Police AthleticsClub	DNS
		239	Kwemboi Victor	Uganda Police AthleticsClub	DNS
		329	Kiprotich Sam Kapkureny	Uganda Prisons AthleticsClub	DNS
		473	Cherukut Milton	UPDF Athletics Club	DNS
		535	Rupiny Solomon	Evzin Athletics Club	DNS
		587	Ainomuhangi Grace Abaasa	Uganda Prisons AthleticsClub	DNS
		743	Kamukama Denis	Ntungamo Athletics Club	DNS
		778	Tumukunde Denis	Ntungamo Athletics Club	DNS
		895	Wanok Morrison	JOCDEF ATHLETICS CLUB	DNS
		925	Kadri Byabagambi	Mbarara MunicipalAth.Association	DNS
		954	Kizza Alex	Ntungamo Athletics Club	DNS
		1071	Okello Frank	UCU Athletics Club	DNS
		1088	Lumala Fahad	Kapchorwa DistrictAth.Association	DNS

4x100m Relays Heat 1

Pos	Lane	Bib	Full Name	Affiliation	Time
		100	Masaba Peter		
1	3	1006	Riny Riny	Makerere	43.23
		93	Adupa Daniel		
		96	Omuka Kenneth		
		846	Laker Isaac		
2	2	114	Ojok Isaac	Tuku Afrika	43.71
		111	Okello Darius		
		115	Ojok Justine		
		663	Omodo Denis Isaac		
3	4	960	Okolimo Joseph	UCU	43.98
		1071	Okello Frank		
		959	Okabo Santos		
		1056	Amoné Patrick		
4	1	1044	Rubangakene Ismael	Bombo Army	50.71
		1046	Aturinge Gerald		
		1059	Oyoo Mukasa		



4x100m Relays Heat 2

Pos	Lane	Bib	Full Name	Affiliation	Time
		1075	Okwii Erick		
1	2	389	Okot Benson	UWA	40.89
		1084	Theil Deng Thiel		
		401	Lomutho Rajab		
		544	Isabirye Musa		
2	3	1076	Ongee Felix Ouma	Uganda Prisons	42.38
		250	Obuto Solomon		
		283	Chanwengo Godfrey		
		504	Obong Brian Braxford		
3	1	514	Onyanga Isaac	UPDF	42.64
		476	Esou Emmanuel		
		505	Ocira John		
		129	Adome Pius		
4	4	154	Ngobi Allan	MSD	43.73
		971	Wiseman Were		
		159	Oroma Williamson		

4x400m Mixed Relays

Pos	Lane	Bib	Full Name	Affiliation	Time
		159	Oroma Williamson		
1	5	148	Banura Moureen	Police	3:28.19
		389	Okot Benson		
		152	Nanziri Emily		
		967	Erimu Kokas		
2	3	330	Aciru Knight	Prisons	3:28.98
		283	Chanwengo Godfrey		
		332	Koli Evaline Ocen		
		1006	Riny Riny Agoth		
3	1	965	Lucia William	South Sudan	3:36.07
		1084	Thiel Deng Thiel		
		94	Mwaka Josephine		
		438	Ariti James		
4	2	479	Idwara Peninah	UPDF	3:43.84
		595	Kiguli Trevor		
		674	Nyawere Christine		



		663	Omofo Denis Isaac		
	4	887	Waaku Prisca	UCU	DNS
		1071	Okello Frank		
		363	Atimango Winfred		

Shot Put

Pos	Order	Bib	Full Name	Affiliation	Distance
1		346	Odong Martin	Uganda Prisons AthleticsClub	13.25
2		344	Ocheng Moses Ginaro	Uganda Prisons AthleticsClub	12.83
3		997	Opiyo Oscar	Uganda Prisons AthleticsClub	12.60
4		634	Okumu Junior	Gombe s.s Athletics Club	11.70
5		509	Ojara Jackson Pope	UPDF Athletics Club	11.55
6		393	Odongkara Patrick	Uganda Wildlife AuthorityAth. Club	10.83
7		319	Mwaka Johnson	Uganda Prisons AthleticsClub	10.72
8		954	Kayo Kenneth	Tela Field Athletics Club	10.23
9		902	Bakanzewa Joel	Tela Field Athletics Club	9.63
		508	Odongo Denish	UPDF Athletics Club	NM
		901	Arapkweita Kendrin	Uganda Wildlife Authority Ath. Club	NM
		553	Rubagakene Kennedy	Standard High ZanaAth.Club	DNS
		161	Oyet Richard	Uganda Police AthleticsClub	DNS
		209	Cherop Enock	Uganda Police AthleticsClub	DNS

Discus

Pos	Order	Bib	Full Name	Affiliation	Distance
1		997	Opiyo Oscar	Uganda Prisons AthleticsClub	38.13
2		393	Odongkara Patrick	Uganda Wildlife AuthorityAth. Club	38.10
3		344	Ocheng Moses Ginaro	Uganda Prisons AthleticsClub	36.55
4		346	Odong Martin	Uganda Prisons AthleticsClub	35.97
5		793	Tukamherwa Anthony	Uganda Wildlife AuthorityAth. Club	35.10
6		509	Ojara Jackson Pope	UPDF Athletics Club	32.42
7		782	Abonga Denisco	UPDF Athletics Club	32.29
8		319	Mwaka Johnson	Uganda Prisons AthleticsClub	32.19
9		634	Okumu Junior	Gombe s.s Athletics Club	30.32
		901	Arapkweita Kendrin	Uganda Wildlife Authority Ath. Club	NM
		553	Rubagakene Kennedy	Standard High ZanaAth.Club	DNS
		590	Apangu Job	Ndejje UniversityAthletics Club	DNS
		972	Akanyijuka Frank	UPDF Athletics Club	DNS
		600	Omofo Denis Isaac	Uganda Prisons AthleticsClub	DNS
					DNS



Long Jump

Pos	Order	Bib	Full Name	Affiliation	Distance
1		338	Komakech Moses	Uganda Prisons Athletics Club	7.38
2		508	Odongo Denish	UPDF Athletics Club	7.04
3		749	Kideganono Lawrence	Boston High. Sch. Ath. Club	6.15
4		1059	Oyoo Mukasa	Bombo Army Sec. Sch. Athletics Club	6.06
5		305	Ocira Osborn	Gombe s.s Athletics Club	5.95
6		552	Rackara Gracia	Gombe s.s Athletics Club	5.32
		454	Chemonges Linus	UCU Athletics Club	DNS
		513	Omino Stephen	UPDF Athletics Club	DNS
		842	Komakech Regan Semei	Ndejje University Athletics Club	DNS

Triple Jump

Pos	Order	Bib	Full Name	Affiliation	Distance
1		338	Komakech Moses	Uganda Prisons Athletics Club	15.14
2		508	Odongo Denish	UPDF Athletics Club	13.94
3		362	Tabu Richard Nickson	Uganda Prisons Athletics Club	13.52
		842	Komakech Regan Semei	Ndejje University Athletics Club	DNS

